



# U P A Y A

Newsletter of the Buddhist Temple of Alameda

2325 Pacific Avenue, Alameda CA 94501 (510) 522-5243 btoa.org

Volume XXXVII, No. 2

March & April 2024

## Message from Rev. D.

### Spring Ohigan

We turn the calendar page and the spring season announces its arrival. At the temple we are planning for the Spring Ohigan Service. **Ohigan marks a time when we come to mindful awareness of where we are and deep appreciation of what we have.** The Nembutsu Path provides us a way of life that is grounding and stable. We are provided the gift of this path by those who have come before us. We carry this forward and share it with family and friends who surround us today. In this way, we live within the movement of compassion.

**This year, we are fortunate to have special Guest Speaker Rev. Michael Endo!**

Rev. Michael serves as Assistant to the Bishop and is a member of the Buddhist Church of Oakland. Rev. Michael has had numerous opportunities to work closely with Hongwanji and BCA staff through his position in assisting the Bishop. His family has been a mainstay at the Oakland temple forever. These are roots that provide him with a depth of appreciation that he can share with us. Rev. Michael has many friends here at our temple as well. **The Spring Ohigan Service this year will be held on Sunday, March 17 at 10:00 AM.** Please mark your calendar to be here and to welcome Rev. Endo to Alameda!



### Hanamatsuri – Flower Festival

**Each April at the temple, we celebrate the birth of the historical Buddha.** April 8, 565 BC is the date we recognize as the day Prince Siddhartha was born in Northern India. His parents, King Suddhodana and Queen Maya of the Sakya clan were so happy to welcome the baby prince into this world, that they named him Siddhartha. The name means "Every Wish Fulfilled".

**This year, we will have special guest, Dii Lewis from the Berkeley Buddhist Temple.** Dii comes to share his voice, guitar, and music with our members. Dii is known in the BCA circles for his wonderful music and has been a part of many collaborations with temples and musicians throughout BCA. I first met Dii during chanting classes at the old IBS as students of Rev. Kusada. That must be close to 50 years ago now!!

**We will also have a Hanamatsuri play presented by the Dharma School students, teachers, and friends!**

Like flowers blooming in the garden, we now have more than two students at the temple!! The Dharma School has vibrant energy and we will be able to have them re-enact the story of Hanamatsuri for us to recall.

At the temple, **we build the Hanamido or Flower Shrine** to symbolize the mystery of the flowers that bloomed out of season that day in Northern India. The Hanamatsuri Service is always one of the most colorful and memorable services on the temple calendar. This year **our Hanamatsuri Service is Sunday, April 14, at 10:00.** Please come to enjoy Dii's visit and the Dharma School presentation at this very special service. We will see you at the temple!

Gassho,  
Rev. Joshin Dennis Fujimoto  
[revdjoshin@gmail.com](mailto:revdjoshin@gmail.com)  
(916) 416-0919

**Everyone is Welcome to  
Attend Services "In Person"**

*Mask Optional*

*We will continue to live stream on our YouTube Channel.*

**March**

- 3** 10:00 Shotsuki Hoyo (Monthly Memorial)
- 10** 9:30 Dharma School
- 10:00 Family Service
- Birthday Sunday
- 17** 10:00 **Spring Ohigan Service**  
    with Guest Speaker, Rev. Endo
- 24** 9:30 Dharma School
- No Family Service due to
- Hidden Treasures Sale

**April**

- 7** 10:00 Shotsuki Service
- 11:00 Sangha Time
- 13** 10:00 Hanamido Set Up
- 14** Birthday Sunday
- 9:30 Dharma School
- 10:00 Hanamatsuri Service
- 11:00 Sangha Time
- 21** 10:00 Family Service
- 11:00 Sangha Time
- 11:30 Obento for Movie Goers
- 2:00 Carving the Divine Movie @ Rhythmix
- 4:00 Buddhist Artist Showing @ Rhythmix
- 28** 9:30 Dharma School
- 10:00 Family Service
- w/Ask Rev. Dennis
- 11:00 Sangha Time

**May**

- 5** 10:00 Shotsuki Service
- 11:00 Sangha Time
- 12** Birthday Sunday
- 9:30 Dharma School
- 10:00 Parents Day Family Service
- 11:00 Sangha Time
- 19** 10:00 Gotan E Service
- w/Ask Rev. Dennis
- 11:00 Sangha Time
- 25** (Saturday) Memorial Day
- Cemetery Visitations
- 26** NO SERVICE (Saturday Visitation)



**Rev.  
Michael Endo  
Guest Speaker**

**Spring  
Ohigan  
March 17<sup>th</sup>**

**Dii  
Lewis  
Guest Speaker**

**Hanamatsuri**



**April 14<sup>th</sup>**

***SAVE THESE DATES:***

**BEC LECTURE SERIES**

**SPRING DATES**

*April 4, 11, 18, 25*

**FALL DATES**

*October 3, 10, 17 & 24*

Classes are taught by Rev. Dennis Joshin Fujimoto and hosted by the Alameda Buddhist Education Committee.

**Vacationland BAZAAR**

Sunday, June 23<sup>rd</sup>  
One Day Only

**OBON DORI**

Saturday, July 20<sup>th</sup>

## ABWA NEWS

### Dana Food Drive

Donation Update: ABWA will add an additional amount to the total received and donate \$2,500 each to the Alameda Food Bank and Alameda County Community Food Bank. Thank you to all for your very generous donations!

### Toban Groups:

We will continue with the same groups as in the past. However, we will call on members from other groups or temple members to help out when necessary. A draft of the 2024 Toban list was distributed to the ABWA members and Toban helpers. After the necessary corrections and changes are made, the final copy will be distributed.

### Otoki and Events - Toban Assignments:

This year the ABWA Toban responsibilities will cover 6 events, 2 for each group.

EVENT	DATE	GROUP
ABWA NY's Party	March 10	2
Hanamatsuri	April 14	3
Gotan-e	May 19	1
Obon	July 21	1
ABWA Memorial	Oct. 20	3
Ho-onko	Nov. 17	2

### ABWA New Year's Party/Luncheon:

We look forward to having a luncheon to celebrate the New Year (and Spring) on **March 10**. It will be held at Sushi House at South Shore. Group 2 is in charge of coordinating it. Hopefully, by the time this Upaya is received, ABWA members and Toban helpers will have been contacted with more information regarding time, cost, menu and RSVP's. Hope to see you there!

### Next Meeting:

Our next meeting will be held on **Sunday, April 7 at 9:00AM** before the Monthly Memorial service. A reminder with the agenda, minutes and financial report will be sent out in advance.

Gassho,  
Lenni Terao-Doerr, ABWA President



**Coffee Hour**  
If you would like to receive notifications for our monthly Zoom Coffee Hours, please email Wayne for the link.  
[wnakano@ix.netcom.com](mailto:wnakano@ix.netcom.com)



## DHARMA SCHOOL NEWS

Dharma school has continued this year with some wonderful adult members who have volunteered to be guest speakers. We've had Joan DeStefano, Amy Tomine, and next up are Doug Doerr and Jane Naito. We'd love any of you to come in to share your Dharma experiences and get to know the students and vice versa. We hope to encourage all of you to contact us and offer some time to meet the students.

We hope to see you at Hanamatsuri and our Mother's Day celebrations!

Metta,  
The Dharma School team



January

### **Birthday Sundays 2nd Sunday of the Month**

Please join us on Birthday Sundays and celebrate our sangha members' birthdays with us. Some have donated pennies, quarters, or dollars for each year they are celebrating.



February

The kids love hearing all the coins being dropped into the osaisen box. All donations are used for Dharma School Programs.

## 2024 Membership Drive

*Membership Form Enclosed*

It's that time of year again. We hope you will renew once again and become a member of our sangha at BTOA.

The membership dues you pay will be going to the Buddhist Churches of America (BCA). We hope that you will add a little extra with your membership dues to help us with our educational programs, maintaining our facilities and to compensate our resident minister.



### **GIVE Gift Memberships**

Buy a gift membership for a family member or friend. We will send them a welcome gift and let them know that you have given them the gift of BTOA membership.

**New adult memberships are only \$100.00.**

*Discount on first year only.*



## **BTOA Annual New Year's Party!**

Thank you to Tom Hashimoto for preparing the prime rib, Wayne Nakano for cooking the sides, his special horseradish, and gravy, Jane Naito for the vegetarian Tofu Egg casserole, Yumi Yasuda for making the rice, Hiko Shimamoto for picking up the cake, Gayle Okada for taking the RSVP and all of the board members who came out to help set up and clean up.



## **HANAMASURI**

### **Hanamido Creation**

**Saturday, April 13<sup>th</sup> 10:00 AM**

The **hanamido** is a representation of the beautiful garden of Lumbini where the Buddha was born. Come join us on Saturday, April 13<sup>th</sup> as we create the lovely own hanamido for our Hanamatsuri service.

**Members are uncouraged to bring flowers from their garden to decorate the hanamido.**



## **HANAMASURI OTOKI**

**Sunday, April 14<sup>th</sup>**

Please join us for otoki (lunch after service).

**RSVP:**

**Gayle Okada**

**510-276-3483**

**gayle.okada@gmail.com**

## **THANK YOU!**

Thank you to Steve Costa and his wife who stopped by our services last month to drop off this photograph of the Sunday School Teacher Conference taken on July, 1941 that was likely hosted by our Temple. It was taken at the bandstand at Lake Merritt.



## 2024 Buddhist Temple of Alameda Membership Form

Main Contact Information				
Last Name	First Name	Birth Year (YYYY)	Home Telephone	Cellular
Address (Street, City, Zip code)			Email Address	
Spouse/ Partner Information (ONLY IF MEMBER)				
Last Name	First Name	Birth Year (YYYY)	Cellular	
			Email Address	
Children - Under Age 31 Living at Home (ONLY IF MEMBER)				
Last Name	First Name	Birth Year (YYYY)	Cellular	Email Address
Last Name	First Name	Birth Year (YYYY)	Cellular	Email Address
Last Name	First Name	Birth Year (YYYY)	Cellular	Email Address
Emergency Contact – Will Remain Confidential				
Name		Phone Number		

Membership Directory	
A membership directory will be created and distributed to all members. If you wish to NOT be included, please check a box below.	
	Check box
Do not list in the membership directory.	<input type="checkbox"/>
Ok to list in membership directory, but do not list our cellular numbers.	<input type="checkbox"/>
Ok to list in membership directory, but do not list our email addresses.	<input type="checkbox"/>
You may list me (and my spouse/partner), but do not list our children's contact information	<input type="checkbox"/>

Membership Dues	QTY	Fee	TOTAL
Individual Membership		<b>\$175</b>	
New Member 1 <sup>st</sup> Year		<b>\$100</b>	
Young Adult (18-30 years old)		<b>\$50</b>	
Child (under 18 & parent is member)		<b>FREE</b>	
Child (under 18 & parent not member)		<b>\$25</b>	
Additional Donation			
Note: All of your membership dues will go to support the Buddhist Churches of America (BCA). <b>The Buddhist Temple of Alameda relies on your generous donations to support the resident minister's salary, educational programs, and maintaining facilities.</b>			

Signature	Date
<ul style="list-style-type: none"> <li>Age information will be used to determine membership categories and keiro status only.</li> <li>Ages, Emergency Contact Information and Contact Information for children under 18 will NOT be published.</li> </ul>	

**Please enclose form and check payable to:  
 Buddhist Temple of Alameda  
 2325 Pacific Avenue, Alameda, CA 94501**

# OBENTO\* & A MOVIE

*\*obento is ONLY available for those going to the movie. This is not an obento fundraiser. Obento is from Musaski Resturant in Berkeley. Obento will be service immediately following the 10:00 AM service. The obento is for BTOA members and friends of BTOA only. Movie is open to the public.*



**Movie** (incl. service charge)

\_\_\_\_\_ x \$23.75 = \_\_\_\_\_

\_\_\_ check if movie ticket already purchased from Rhythmix

**Beef Teriyaki Obento \***

\_\_\_\_\_ x \$16.25 = \_\_\_\_\_

**Vegetarian Obento \***

\_\_\_\_\_ x \$16.25 = \_\_\_\_\_

**Donation:** \_\_\_\_\_  
**(optional)**

*100% of the donations will be sent to Seki-san, the filmmaker to help cover production costs for this amazing movie he created for us.*

**TOTAL:** \_\_\_\_\_

**NAME:** \_\_\_\_\_

**CELLULAR:** ( \_\_\_\_\_ ) \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

**Mail Checks to:** Buddhist Temple of Alameda  
2325 Pacific Avenue, Alameda, CA. 94501

**Or Pay Online via PayPal: @btoa1916 or Venmo: @btoalameda**

**Deadline: Postmarked April 1, 2024**

If you would like to purchase tickets to the movie only - please purchase directly from Rhythmix online at <https://www.rhythmix.org/events/carving-the-divine/>

## SHOTSUKI HOYO

### MONTHLY MEMORIAL SERVICE

**Sundays, April 7 and May 5, 2024**

*In Person & Living Streaming on our YouTube Channel*

*Family members and friends are invited to the Memorial Service for those listed below.*

*If 2024 is a special service year as indicated below, please contact Rev. Joshin Dennis Fujimoto to arrange a special memorial service for your family.*

#### **Special Service based on the Year of Death**

1 year 2023	3 year 2022
7 year 2018	13 year 2012
17 year 2008	25 year 2000
33 year 1992	50 year 1975

#### **April Shotsuki Names**

Doi, Mr. Raiji 1928  
**Fukuoka, Mrs. Nobuko 1992**  
Futagaki, Mr. Shigeo 1998  
Hasegawa, Mrs. Toshiye 2020  
Ikeda, Mrs. Kikuno 1927  
Imura, Miss Sadae 1927  
Ishii, Infant Kiyoshi 1916  
Iwahashi, Mrs. Yukino 1963  
Kaida, Mrs. Alice N. 2013  
Kanzaki, Mrs. Sada 1933  
Kataoka, Mrs. Yumi 1968  
Kawano, Mr. Katsufusa 1957  
Kihara, Mrs. Tsuru 1933  
Kimura, Mrs. Ryoko 2010  
Kinoshita, Mrs. Fukuno 1925  
**Kitajima, Mr. Tamotsu 1975**  
Komatsu, Miss Louise 1993  
Kuge, Mr. Don 1997  
Kuge, Mr. Hatsuho 1940  
Kusada, Mr. Yaozo 1926  
Machida, Mr. Jurouyemon 1939  
Maniwa, Infant Kevin 1984  
Matsuzaki, Mr. Yokichi 1932  
Mayegoto, Mr. Gohei 1929  
Mitoma, Infant 1919  
Morotomi, Infant Kachiyo 1920  
Nagai, Mr. Tagoro 1931  
Nakamura, Mr. Kohei 1940  
Nakano, Mr. Jumi 1948  
Nakata, Infant 1920  
Nakashima, Miss Kimi 1919  
Nakayama, Mrs. Akiko 1928  
Nakayama, Mr. Minoru 1945  
Nakaso, Ms. Virginia Tomie 2002  
Narahara, Mrs. Tokie 1952  
Nishino, Infant Takashi 1931  
Obata, Mr. Tomejiro 1970  
Okabe, Mrs. Mieko 1979

Okada, Mr. Gary 2007  
**Okamoto, Nobuko 2018**  
Rice, Mr. Wilbur 1988  
Sakai, Mr. Makitaro 1957  
Sekigahama, Mr. Hiroshi 1953  
Setogawa, Mr. Tsurutaro 1919  
Shigematsu, Mr. Tosaka 1928  
Shimada, Mr. Kumataro 1954  
Shimada, Mr. Taichi 1984  
Soma, Mr. Gendayu 1919  
Sugiyama, Mrs. Shizue 1993  
Suyeyasu, Mr. Susumu 1998  
Taguchi, Miss Hisako 1932  
Takayama, Mrs. Marue 2007  
Takayanagi, Mrs. Shigeko 1997  
**Takayanagi, Mr. Tadao 2012**  
Takizawa, Mr. Thomas 1950  
Tanaka, Mr. Kumao 1986  
**Terao, Mrs. Joyce Mitsuko 2022**  
Tsuchiya, Infant Hisashi 1923  
Tsuchiya, Infant Tsukie 1922  
**Umene Yoshiko 2018**  
Ushijima, Mrs. Lillie Y 2013  
Wada, Mrs. Komino 1985  
Yamamoto, Mr. Totaro 1971  
Yamamoto, Mr. Yoshisuke 1925  
Yamaoka, Mr. Fumio 1990  
**Yamaoka, Ms. Hideko 1992**  
Yamaoka, Mr. Jim K. 2002  
Yamaoka, Mrs. Kayo 1971  
Yamashita, Mr. Hideo 1971  
**Yamasaki, Mr. Satoru 1992**  
Yanari, Mrs. Betty 2010  
Yonekura, Mr. Rinzo 1965  
Yoshida, Mrs. Toki 2013

#### **May Shotsuki List 2024**

Abe, Infant Seitaro 1922  
Ago, Infant Kimiye 1926  
Akinaga, Mr. Nobuo 1977  
Akiyama, Mrs. Shina 1920  
Arima, Infant Kazuo 1926  
Ariyoshi, Mr. Keitaro 1934  
Bruno, Mr. Thomas 1982  
**Doerr, Mr. Richard 2012**  
Fujikawa, Mr. Kenneth 1999  
Fujisaki, Mrs. Yoshiko 1919  
Fukuoka, Mr. Heiji 1979  
**Genger, Sachiko 2018**  
Hanada, Mr. Tetsunosuke 1917  
Hasegawa, Miss Misuzu 1951  
**Hashimoto, Mrs. Yaeko 2008**  
Iijima, Infant Paul 1983  
Ikeda, Mrs. Kikuno 1937  
Ishikata, Mr. Isamu 2002  
Isoda, Mrs. Ai 1925  
Jelinek, William 2006  
Kaida, Mrs. Alice N. 2013

## Continuation: May Shotsuki List 2024

Kaji, Infant Masayuki 1930  
Kamada, Mr. Tokumatsu 1940  
Kato, Miss Sumiko 1954  
Kazusaka, Master Haruto 1935  
Ken, Mr. Umeichi 1930  
Kikugawa, Mr. Sadao 1932  
Kita, Mrs. Oyoshi 1967  
Kitashima, Mr. Sakaye 1934  
Kuwahara, Mr. Jusaku 1925  
**Maeda, Mrs. Dakino Toki 2008**  
Marlin, Mrs. Mariko J. 2013  
Marubayashi, Infant Tadashi 1925  
Marubayashi, Mrs. Takeko 1943  
Maruyama, Mr. Hyakutaro 1936  
Matsui, Mr. Seinosuke 1937  
Matsuura, Mrs. Sumiko 1995  
Mayegoto, Infant Kazuye 1922  
Misumi, Mrs. Miyono 1930  
Mitani, Mr. Jitsuo 1977  
Myer, Mr. Richard 1987  
Nakagawara, Mrs. Shigeno 1933  
Nakano, Mr. Ataru 1983  
Nose, Mrs. Kazuye 1929  
Ohye, Mr. Senichiro 1980  
Okada, Ms. Kazuko 1991  
Okada, Mr. Kinji 2007  
Okada, Mr. Minoru 1955  
Okami, Mr. Taneo 1922  
Okamoto, Mr. Henry S. 2014  
Okamoto, Mr. Takaharu 1932  
**Okamoto, Mr. Tomio Thomas 2008**  
Rubly, Mrs. Clara 1952  
Sakamoto, Mrs. Merry S. 2017  
Sakata, Mrs. Akino 1934  
Sekiyama, Mrs. Shina 1920  
Shibata, Mr. Zenjuro 1947  
Shikano, Miss Tomiye 1960  
Takahashi, Mr. Eitaro 1938  
Takeda, Mr. Taro 2010  
Takei, Mr. Matsugoro 1921  
Takimoto, Mrs. Masami 1918  
Tamura, Mr. Kenichi 1947  
Tanaka, Mrs. Kameye 1929  
Tou, Mr. Reisui 1984  
Tsuromoto, Mrs. Setsuko 2014  
Wada, Mr. Genjiro 1967  
Yamagami, Mrs. Hisano 1951  
Yamamoto, Mr. Koei 1933  
Yamamoto, Mr. Nobuso 1990  
Yamasaki, Mr. Suyekichi 1981  
Yamasaki, Mr. Yasuji 1941  
Yamashita, Mrs. Shige 2009  
Yamashita, Mr. Tom 1993  
Yonekura, Mr. Hisakichi 1919  
Yoshida, Mr. Kiyosuke 1938

## BTOA Leadership Retreat



In January, the BTOA Board had its first ever Board Retreat. Many of us spent the night at the Jodo Shinshu Center in Berkeley and experienced wonderful workshops lead by Sharmon Fujimoto the following day.

**Thank you Sharmon!**

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### 2024 Japanese Goods & Hidden Treasures Sale

***VOLUNTEERS will be NEEDED. If you're available to volunteer with the set up or cashing and providing customer service on the sale dates, please contact Gayle and let her know when you'll be available to assist. It takes a village!***

Contact Gayle Okada  
510-276-3483  
gayle.okada@gmail.com

### UPAYA CHANGES

Effective 2024, the Upaya is being sent out 6 times a year. This is due to a combination of rising costs in postage and lack of volunteers to create and distribute the newsletter.

We're going to try this for the year and see how it goes. Meanwhile, we will be increasing our BTOA email blasts to remind you of events that are going on at the Temple.

Thank you in advance for your understanding.





# Buddhist Art???

## In Alameda??? YES!

“**Colors of the Infinite: Contemporary Buddhist Art**” exhibit at **Rhythmix Cultural Works** is here in Alameda. The Buddhist Temple of Alameda and The Buddhist Churches of America Art Committee have joined with the Rhythmix Cultural Works to present this collection of art. The artwork presented are by Betty Nobue Kano, Joyce Nojima, Kai Issei Fujioka, Valerie Pham, and Joan DiStefano. Each of these artists have been participants in the BCA Virtual Art Exhibit presented by the BCA Art Committee over the past 3 years. Here are a few excerpts from their bio statements:

- **Betty Kano** - “Asian American Women Artists Association was formed then as an attempt to bring Asian American women together to appreciate and support each other as artists.”
- **Joyce Nojima** - “Nojima is currently a faculty member at SF City College and a teaching artist in residence at Yerba Buena Center for the Arts.”
- **Kai Fujioka** - “Kai’s Japanese American heritage and his appreciation for natural landscapes provide a unique perspective demonstrated in his work.”
- **Valerie Pham** – “I explore the ways my religion beautifully integrates into daily life.”
- **Joan Clair Di Stefano** –“ The Shin Buddhist teachings and temple traditions have grown to become a major influence in my life.”
- Plus **Rev. Dennis Fujimoto** will also display a few of his sculptures.

Their artworks will be at the Rhythmix Gallery from **March 9 to April 23**. Please check the Rhythmix site for times and admissions information. <https://www.rhythmix.org/events/buddhist-art/>

An Opening Reception will be held with the artists on **Saturday March 9 from 1-3 PM**. A special Closing Reception will be held immediately following the showing of “**Carving the Divine**” on **Sunday April 21**. **Come see the movie and check out the art exhibit.**

**“Colors of the Infinite: Contemporary Buddhist Art”**  
**Rhythmix Cultural Works, 2513 Blanding Avenue, Alameda**

Come see how your fellow  
Bay District sangha members express their art.

K GALLERY AT RHYTHMIX CULTURAL WORKS,  
BUDDHIST CHURCHES OF AMERICA AND BUDDHIST TEMPLE OF ALAMEDA PRESENT

# COLORS OF THE INFINITE

## *Contemporary Buddhist Art*

Artwork: Joyce Nojima, *Untitled*, 2023, acrylic gouache on paper.

FEATURED ARTISTS: BETTY NOBUE KANO • JOYCE NOJIMA • KAI ISSEI FUJIOKA • VALERIE PHAM • JOAN DI STEFANO



RHYTHMIX.ORG

2513 BLANDING AVE  
ALAMEDA

**MARCH 9 – APRIL 23, 2024**

*Opening Reception*

**SATURDAY, MARCH 9 • 1-3PM**

FREE • RSVP RECOMMENDED

SCAN FOR  
MORE INFO



Buddhist Temple Of Alameda Presents

# JAPANESE HIDDEN TREASURES SALE

Saturday, March 23: 11-3pm

Sunday, March 24: 12-3pm

FREE ADMISSION



BUDDHIST TEMPLE  
OF ALAMEDA  
2325 Pacific Ave.  
@Park St.

[www.btoa.org](http://www.btoa.org)



# The Infinite Way of Shin Buddhism

The *Buddhist Temple of Alameda* will offer spring classes on Buddhism in April on ZOOM. We will utilize the words and thoughts of John Paraskevopoulos' book, "Call of the Infinite – The Way of Shin Buddhism" as he presents the way of the Nembutsu of Shin Buddhism as a means to a meaningful life through this spiritual path.

**Classes will be held on Thursday evenings.  
6:30PM – 8:00PM, April 4, 11, 18, 25, 2024**



Life responsibilities of work, home, and family increase the demands upon each of us. Declining health of those we care for as well as ourselves is an ongoing process. Age and illness confront us all. Despite such difficulties, stability and grounding allow us to proceed with strength and joy. Shin Buddhism provides such a path.

As followers of the Dharma, our practice is to live our lives guided by the principles of Wisdom and Compassion. What is the wisdom that guides our lives? How do we recognize and receive the endless acts of compassion that abound? As we live our everyday lives, we are guided to a different way of seeing life and the world that surrounds us.

These classes are free of charge and open to the public. For those interested, please email [alamedabec@gmail.com](mailto:alamedabec@gmail.com). **Registration is required.** Deadline to register is April 1, 2024. The book may be purchased through Amazon. Classes are hosted by the Alameda Buddhist Education Committee, Buddhist Temple of Alameda, 2325 Pacific Avenue, Alameda, CA 94501. For further information and updates, please view our website [btoa.org](http://btoa.org). You can also call or text Rev. Dennis Fujimoto at (916) 416-0919, or email him at [revdjoshin@gmail.com](mailto:revdjoshin@gmail.com).



Buddhist Temple of Alameda  
2325 Pacific Avenue  
Alameda, CA 94501

*Time Sensitive Materials*

**NON-PROFIT ORG**  
U.S. POSTAGE PAID  
PERMIT NO. 7069  
OAKLAND, CA

*Return Service Requested*

**BTOA Koden  
Thank You Cards  
Available for Purchase  
\$20.00  
for a set of  
50 cards/envelopes**

